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WEBINAR REPORT

TOPIC | Webinar on Beauty, wellness, and personal grooming

ORGANIZED BY | IQAC of GOVT.DR.INDRAJEET SINGH COLLEGE(AKALTARA)

DATE | 05/07/2020 | TO 09/07/2020

TIME-4PM onwards daily.

Resource person/ speakers

S. N.	NAME OF RESOURCE PERSON	TOPIC
01	Mrs.chandana tripathi	Personalized beauty
02	Dr.seema Mishra	Nutrition and Beauty
03	Mrs.Gulbakshi kale	Personal Beauty care tips
04	Mrs.Aparna parmanand	Health care tips
05	Menka pradhan	Internal beauty tips

CONTEXT the outward appearance of a person in the first things that catches the eye of the others they are for being presentable at all times is considerable important Grooming is typically defined as activities that include caring for one's appearance and well being it is the art of maintaining parts of the body like hair ,face,skin and nails and so on.Grooming is important for everyone but for women it is crucial.Grooming for women includes a wide range of activities like making the hair wearing clean beautiful clothes putting on makeup and getting manicure or pedicure. There are several benefits of grooming like it gives you self confidence. It shows professionalism in the workplace it influences your emotions it gives you Grooming also eliminates germs bacteria unhealthy practices such as overfeeding not bathing often nails biting and so on these are harmful to Health and can cause illnesses.

The core of this program is to develop and enhance the inner beauty, empowerment and to develop the capability to stand out in the crowd.

People's involved in this program including all the students, teachers and special guest of honour.

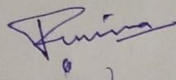
Conducting online webinar on this topic due to zero offline activity during lockdown.

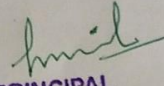
NUMBER OF PARTICIPANT'S -50

BRIEF -The welcome speeches delivered by assistant professor Mrs Rekha Makhija (economics) government Indrajeet Singh College Akaltara. The resource person **smt.RAHMATUMISA** guided us from day one to last day of this conducting program, she has guided about the importance of facial,manicure,pedicure,hair spa and nail art ,hair cutting, clean-up,massage,Face cream, moisturizer bleach for oily and dry s On **DAY 1 chief guest** Mrs Chandana tripathi (Additional director High Edu Raipur).she has told about the importance and how to take measures for maintaining the beauty of personality. On Day 2 Dr.seema Mishra(Assitt prof.home Govt.G.D.C , bilaspur) she has told us about the importance of nutritive value of food that encorage the beauty of face and body .she has beautifully explained by natural means we all can protect and enhance the beauty of our face and body.On Day 3 Smt.Menka Pradhan(S.D.M Janjgir) present as chief guest,she has given her own thoughts on beauty and

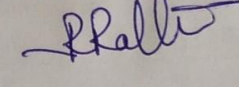
personality development. On day 4 Mrs. Gulbakshi kale (leuit. comm.) present as chief guest, she explained us that beauty is internal and we all have to take care of our eternal beauty not from the outside but from inside. On day 5 Smt. Aparna parmanand (public health care centre, ganiyari) as chief guest, she provided beneficial tips for beauty and wellness. The words of thanks expressed by Mrs. Richa Rathore. (Assist prof.) pol. science. Govt. Dr. Indrajeet Singh College. and this program is conducted by the IQAC Co-ordinator Mr. Upendra kumar verma (assist prof.) Physics.

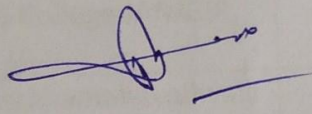
convener

Prof. Rekha Mahija 
(Department of Economics)


PRINCIPAL
Govt. Degree College Akatara
Distt. Jagann-Champa (C...)

co-convener

Prof. Richa Rathore
(Department of Political Science) 

organising secretary 

Prof. U.K. Verma
(Department of Physics)

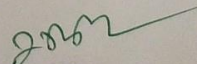
OFFICE OF THE PRINCIPAL, GOVT. DR. INDRAJEET SINGH COLLEGE, AKALTARA
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**LIST OF PARTICIPANTS FOR ONLINE WORKSHOP ON
BEAUTY, WELLNESS AND PERSONAL GROOMING**

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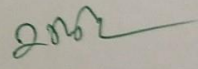

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GOVERNMENT DR. INDRAJEET SINGH COLLEGE AKALTIARA
DISTRICT JANJGIR-CHAMPA (CG)

IQAC of the college is going to organize five days online workshop on a skill development program

BEAUTY, WELLNESS AND PERSONAL GROOMING

Date from 05/07/2020 to 09/07/2020 and Timing from 4:00 pm onwards everyday



PATRON
Dr. Pratiksha Mairal
Principal



RESOURCE PERSON & SPECIALIST
Mrs. Rahmatunisa
Sana Beauty Parlour Bilaspur



Chief Guest (Day 1)
Mrs. Chandan Tripathi
Add. Director, Higher Edu.
Raipur



Chief Guest (Day 2)
Dr. Seema Mishra
Professor Home Science
GDC, Bilaspur



Chief Guest (Day3)
Mrs. Menka Pradhan
SDM, Janjgir



Chief Guest (Day 4)
Mrs. Gulbakshi Kale
LT. Commander



Chief Guest (Day 5)
Mrs. Aparna Parmanand
Public Health Helping
Centre Ganjari



CONVENER
Mrs. Rekha Makhija
Asst. Professor (Economics)



CO-CONVENER
Mrs. Richa Rathore
Asst. Professor (Political Science)



ORGANIZING SECRETARY
Mr. Upendra Kumar Verma
Coordinator IQAC

Join us with Google Meet App.

Link to Joining the Workshop : <https://meet.google.com/nfp-yfib-prp>

Link for Registration : https://docs.google.com/forms/d/e/1FAIpQL5cNqg70D0e_kKgrM1Ag8iC5LWCqIgmYpFXCWbTolxRqPAvhA/viewform?usp=sf_link

Note:E-certificate will be provided to those who get registered for the workshop and attend all the five days of the program.

GOVERNMENT DR. INDRAJEET SINGH COLLEGE
AKALTIARA , DISTRICT JANJGIR - CHAMPA (C.G.)

E-CERTIFICATE

This is to certify that Mr. / Ms. Upendra Kumar Verma of Govt. Dr. Indrajeet Singh College Akaltara has attended the five days online Workshop on “**Beauty , Wellness & Personal Grooming**” conducted by IQAC of the College from 05/07/2020 to 09/07/2020.
Date : 09/07/2020

(Resource Person) (Convener) (Co-Convener) (Coordinator IQAC) (Principal)